

### **Frequently Asked Questions**

#### What is a Mentor?

The role of the veteran mentor is to act as a coach, friend, role model, and advocate for the Justice-Involved Veteran.

#### Can I be a mentor?

Yes.

Provided you pass a background check, empathize with struggling veterans and act as an ally and a friend, you can be a mentor.

# **Do I need a background in psychology?** No.

A mentor offers friendship, support, and a non-judgmental ear. A mentor is not a counselor or therapist and does not offer psychological advice or treatment.



## Volunteer Veteran Mentor Program

**Mission Statement** 

The Mission of Volunteer Veteran Mentor Program is to provide veteran-to-veteran assistance to justice-involved veterans (*Program Participants*) accepted into the Hennepin County and 4th Judicial District Veterans Court.

Volunteer Veteran Mentors establish near-term goals and support the veteran to successfully complete the requirements of Veterans Court ordered treatment plan, help the veteran access benefits of the Veterans Administration, and act as mentor-advocate-comrade and ally.

Mentorship provides emotional support to veterans faced with challenges.

### **Contact Us**

Call

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# Volunteer Veteran Mentor Program

A veterans' greatest asset is a fellow veteran



### **Veterans Court**

The mission of Hennepin County Veterans Court is to promote public safety and assist and support veterans and their families by creating a coordinated response through collaboration with veterans' service delivery systems, community based services, and the criminal justice system.

Justice-involved veterans become program participants after referral from traditional criminal court in order to provide veterans with an opportunity to undergo intensive supervision and treatment instead of regular probation or prison sentences.

The goal is to address behavioral health issues and assist with education, employment and housing problems to reduce the tendency to revert to criminal activity.

Veterans Court meets every Monday at 10:00am in Courtroom 857 at the Hennepin County Government Center, 300 South Sixth Street, Minneapolis, MN 55487.

# **Duties of the Volunteer Veteran Mentor**

- Participate in and lead mentoring and goal establishment sessions with Justice-Involved Veterans
- Be supportive and understand the difficulties faced by Justice-Involved Veterans
- Assist the Justice-Involved Veteran as much as possible to resolve any concerns they may be facing
- Engage in positive social activities with Iustice-Involved Veterans
- Be supportive and helpful to the other Volunteer Veteran Mentors
- Attend court sessions with your justiceinvolved veteran

### Benefits of being a Mentor

- Satisfaction from helping a fellow veteran
- Improve the ability of a veteran to pay their debts to society through a Court program of supervision and treatment
- Assist the Court system in rehabilitating offenders and reintroducing them into civilian life in a positive and healthy way



## **Mentor Requirements**

- Be a veteran of one of the branches of the U.S. Military
- Complete and pass a criminal background check
- Adhere to policies and procedures of the Volunteer Veteran Mentor Program
- Commit to participation for a minimum of 12 months
- Complete Mentor Orientation
- Participate in additional trainings as recommended

### How do I become a Mentor?

Call Marlena at 612-348-3876 email

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